

WEEK 1

MONDAY

MAIN EVENT Chicken Balti
VEGGIE CHOICE Veggie Pasta Bake
CHEF'S CHOICE Vegan Sausage Roll
ON THE SIDE Basmati Rice, Naan Bread

TUESDAY

MAIN EVENT Roast Beef
VEGGIE CHOICE Quorn Southern Fried Nuggets
CHEF'S CHOICE Sausage Baguettes
STREET EATS Roast Potatoes, Broccoli, Yorkshire Pudding, Gravy

ST. GABRIEL'S MENU

WEDNESDAY

MAIN EVENT Lasagne
VEGGIE CHOICE Breaded Veggie Bake
CHEF'S CHOICE Chicken Wrap
ON THE SIDE Garlic Bread, Peas and Sweetcorn

THURSDAY

MAIN EVENT Meatballs
VEGGIE CHOICE Mac N Cheese
CHEF'S CHOICE French Bread Pizza
ON THE SIDE Pasta, Mixed Salad

FRIDAY

MAIN EVENT Breaded Fish
VEGGIE CHOICE Chilli Non Carne
CHEF'S CHOICE Assorted Paninis
ON THE SIDE Chips/Rice, Peas, Beans

AVAILABLE DAILY

Fresh Sandwiches & Baguettes
Jacket Potato with Cheese, Beans or Tuna
Pasta Bar
Salads
Bread Basket
Fresh Fruit & Yoghurt
Selection of Hot & Cold Sweets
Cakes & Biscuits

MEAL DEAL

Any main meal

with dessert **OR** drink **£3.00**

with dessert **AND** drink **£3.60**



WEEK 3

ST GABRIEL'S MENU

MONDAY

MAIN EVENT Chicken Korma
VEGGIE CHOICE Veggie Nuggets
CHEF'S CHOICE Chicken Wraps
ON THE SIDE Rice, Naan Bread
Sweetcorn, Coleslaw

TUESDAY

MAIN EVENT Pork Sausage
VEGGIE CHOICE Quorn Sausage
CHEF'S CHOICE Chicken Flatbreads
ON THE SIDE Mash Potato, Peas & Gravy
Mixed Salad

WEDNESDAY

MAIN EVENT Jerk Chicken
VEGGIE CHOICE Stir Fried Noodles
CHEF'S CHOICE Flatbread Pizza
ON THE SIDE Potato Wedges,
Peas and Sweetcorn

THURSDAY

MAIN EVENT Cheese Pie
VEGGIE CHOICE Plant Balls in Tomato
Sauce
CHEF'S CHOICE Chicken Goujons
ON THE SIDE Crispy Diced Potato
Green Beans, Garlic Bread

FRIDAY

MAIN EVENT Breaded Fish
VEGGIE CHOICE Veggie Pasta Bake
CHEF'S CHOICE Chicken Burger
ON THE SIDE Chips, Peas, Baked Beans

AVAILABLE DAILY

Fresh Sandwiches & Baguettes
Jacket Potato with Hot & Cold Fillings
Pasta Bar
Salads
Bread Basket
Fresh Fruit & Yoghurt
Selection of Hot & Cold Sweets
Cakes & Biscuits

MEAL DEAL

Any main meal

with dessert **OR** drink **£3.00**

with dessert **AND** drink **£3.60**



WEEK 2

ST. GABRIEL'S MENU

MONDAY

- MAIN EVENT** Chicken Tikka Masala
- VEGGIE CHOICE** Vegetable Tikka Masala
- CHEF'S CHOICE** Cottage Pie
- ON THE SIDE** 50/50 Rice, Naan Bread

TUESDAY

- MAIN EVENT** Bolognaise
- VEGGIE CHOICE** Vegetable Pasta Bake
- CHEF'S CHOICE** Hot Dogs
- ON THE SIDE** Pasta Peas and Sweetcorn

WEDNESDAY

- MAIN EVENT** Meat Pie
- VEGGIE CHOICE** Pizza
- CHEF'S CHOICE** Chinese Chicken Curry and Rice
- ON THE SIDE** Mashed Potato, Yorkshire Pudding, Roast Broccoli, Carrots

THURSDAY

- MAIN EVENT** Sweet Chilli Noodles
- VEGGIE CHOICE** Loaded Nachos
- CHEF'S CHOICE** Chicken Drumsticks
- ON THE SIDE** Cajun Rice, Salsa, Potato Wedges, Sweetcorn & Green Beans

FRIDAY

- MAIN EVENT** Breaded Fish
- VEGGIE CHOICE** Bean Burger
- CHEF'S CHOICE** Chicken Goujons
- ON THE SIDE** Chips, Peas, Baked Beans

AVAILABLE DAILY

- Fresh Sandwiches & Baguettes
- Jacket Potato with Cheese, Beans or Tuna
- Pasta Bar
- Salads
- Bread Basket
- Fresh Fruit & Yoghurt
- Selection of Hot & Cold Sweets
- Cakes & Biscuits

MEAL DEAL

- Any main meal
- with dessert **OR** drink **£3.00**
- with dessert **AND** drink **£3.60**

