

GCSE

The dangers of too much sugar

consumption [**https://www.health.harvard.edu/heart-health/**](https://www.health.harvard.edu/heart-health/)(opens in new tab)

Vegetarianism [**https://www.livekindly.co/**](https://www.livekindly.co/)(opens in new tab)

Prevention of food poisoning: [**https://www.nhs.uk/live-well/eat-well/**](https://www.nhs.uk/live-well/eat-well/)(opens in new tab)

Farm to Fork [**https://www.eufic.org/en/food-production/article/from-farm-to-fork-the-farm-beginning-the-food-chain**](https://www.eufic.org/en/food-production/article/from-farm-to-fork-the-farm-beginning-the-food-chain)

Food security [**https://www.foodsecurity.ac.uk/challenge/**](https://www.foodsecurity.ac.uk/challenge/)(opens in new tab)

KS3

[**https://www.bbcgoodfood.com/howto/guide/facts-about-food-miles**](https://www.bbcgoodfood.com/howto/guide/facts-about-food-miles)(opens in new tab)

[**https://www.bbcgoodfood.com/howto/guide/how-reduce-food-waste**](https://www.bbcgoodfood.com/howto/guide/how-reduce-food-waste)(opens in new tab)

[**https://www.mirror.co.uk/news/uk-news/man-left-paralysed-food-poisoning-24114231**](https://www.mirror.co.uk/news/uk-news/man-left-paralysed-food-poisoning-24114231).(opens in new tab)

Diet and diseases

[**https://www.nhs.uk/conditions/obesity/**](https://www.nhs.uk/conditions/obesity/)(opens in new tab)

[**https://www.nhs.uk/conditions/coronary-heart-disease/**](https://www.nhs.uk/conditions/coronary-heart-disease/)(opens in new tab)

[**https://www.nhs.uk/conditions/tooth-decay/**](https://www.nhs.uk/conditions/tooth-decay/)(opens in new tab)

[**https://www.nhs.uk/conditions/diverticular-disease-and-diverticulitis/**](https://www.nhs.uk/conditions/diverticular-disease-and-diverticulitis/)(opens in

new tab)

<https://www.nhs.uk/conditions/coeliac-disease/> (opens in new tab)

<https://www.nhs.uk/conditions/type-2-diabetes/>(opens in new tab)

<https://www.healthline.com/health/becoming-vegetarian>(opens in new tab)

Food security **Food security: demand, consumption and waste**

How does culture affects food choices? <http://ispub.com/IJTWM/1/2/11779>