



Methods to improve performance

Continued - Methods to improve performance



Different types of practices and progressive drills



Strengths and weaknesses of sports performance



Term 4

Continued- Key components of performance

Reviewing your own performance in planning and leading a sports activity session

Term 6



Term 3

Leading a sports activity session

Key components of performance

Risk assessments



Term 1

Term 2

Organising and planning a sports activity session



Continued- Key components of performance



Leading a sports session - prep



Vocational PE Curriculum Y10



The role of technology in sport

Positive and negative effects of the use of technology in sport



The features of a major sporting event

Emerging sports

Factors affecting popularity of sport

Possible barrier solutions



Possible barriers

The use of Performance Enhancing Drugs (PEDs) in sport

Sporting values initiative and campaigns

The Olympic and Paralympic movement



The role of sport in promoting values

The importance of etiquette AND sporting behaviour

Different user groups who participate in sport

Term 3

Positive and negative pre-event aspects of hosting a major sporting event

Potential positive and negative aspects of hosting a major sporting event

Term 5

Term 6

Term 4

National Governing Bodies (NGBs)

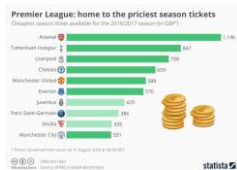


Term 1

Term 2

Vocational PE Curriculum Y10/11 – Contempory issues in sport





Negative impacts of the media on sports and sports performers

Assessment

A range of negative effects of the media on sport in relation to spectators and live sport

Term
4

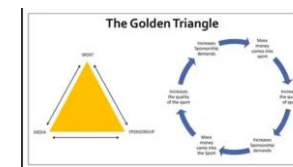
Term
5

Assessment



Positive impacts of the media in sport

Term
3



The positive relationship between the media and sport

Assessment



Term
1

Term
2

Print media sources

Distinguish between different media sources and how they cover sport

Digital and social media



Vocational PE Curriculum

Y11 – Sport and the media



Options in Bury for maintaining health



Commit to healthy habits in your next stage of life

Nutrition habits



Next steps

Dealing with exam stress through exercise



Lifelong participation – Exercise for enjoyment



Reflecting on learning

Leading during primary competitions

Attitudes to health and fitness

Y11

■ Leadership
■ Skills
■ Foundation



Leading small groups

Organising sporting events



Y10

Leading a full sports session

Community sports leadership

How to be an effective leader



KS4 Core PE

